

**Township of Shaler  
2016 Crawford Pool Swimming Lessons**

The Shaler Township Crawford Pool offers a comprehensive program of swimming lessons. In the interest of quality swimming lessons, safety of the students, and limited teaching space, it is necessary to limit the number of students in each session. No Refunds.

**Shaler Residents Fee  
with Swim Pass  
\$30.00 Per Child**

**Shaler Resident Fee without Swim Pass  
& Non-Residents  
\$50.00 Per Child**

**Non-residents must purchase a non-resident Pool Pass before Swim Lesson Registration to register their child for swim lessons.  
Children under the age of six who are Shaler Residents are not required to have a season pool pass, however the legal guardian of that child must have a season pool pass to qualify for the \$30.00 lesson rate.**

Because of the restricted numbers, parents and students must realize the commitment they have in attending their classes regularly. If the student misses a number of classes, it might affect his/her chances of passing that particular course. If the classes are cancelled due to weather, we will make every effort to schedule make-up classes. If you have any questions regarding cancellation due to the weather, please feel free to call the pool. **Pool Telephone: 412-684-1009**

**Registration Begins: Saturday, May 28 12 Noon - 8:30 P.M. (or Closing)  
Registration must be done IN PERSON at the POOL.**

**Water Babies: Ages 18- 42 months** Parent/Adult is required to be in the pool with the child - 7 Lessons

**June 6-July 25 Monday Evenings**

- Session #WB 1:** 18-30 months old                      6:00-6:25 p.m.
- Session #WB 2:** 30-42 months old                      6:30-6:55 p.m.

**Preschool Program Sessions: Ages 3 ½ to 5<sup>1/2</sup>** Each group will meet for 8 lessons. – Days to be determined.

**Session A - June 13-June 24**

- Session A/P 3:** 10:00-10:25      **Session A/P 2:** 10:30-10:55      **Session A/P 1:** 11:00-11:25

**Session B - June 27-July 8**

- Session B/P 3:** 10:00-10:25      **Session B/P 2:** 10:30-10:55      **Session B/P 1:** 11:00-11:25

**Session C - July 11-July 22**

- Session C/P 3:** 10:00-10:25      **Session C/P 2:** 10:30-10:55      **Session C/P 1:** 11:00-11:25

**6-12 Years Old Lesson Schedule:** Each group will meet for 8 sessions. Days to be determined.

- Session #1: June 6-June 17**      (6-7 year olds) Monday thru Friday      10:15 a.m.-11:00 a.m.
- Session #2: June 6-June 17**      (6-7 year olds) Monday thru Friday      11:00 a.m.-11:45 a.m.
- Session #3: June 20-July 1**      (8-9year olds) Monday thru Friday      11:00 a.m.-11:45 a.m.
- Session #4: July 4-July 15**      (10-12 year olds) Monday thru Friday      11:00 a.m.-11:45 a.m.
- Session #5 June 4-July 23**      SATURDAY      10:15-11:00      **Level One Only** (Limited Space Available)
- Session #6 June 4-July 23**      SATURDAY      11:00-11:45      **Level Two Only** (Limited Space Available)

## Ages 6–12 Years Old Lesson Registration Form 2016

No Refunds
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Child's Name	Tag #	Phone	Age	Skill Level	Session #
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Class Level	Description
<b>Preschool Step 1 (P1)</b>	Helps participants feel comfortable in the water and begin to develop fundamental skills such as breath control.
<b>Preschool Step 2 (P2)</b>	Builds on Step 1 and gives participants success with fundamental skills such as floating and basic locomotion.
<b>Preschool Step 3 (P3)</b>	Builds on Step 2 and improves participants' coordination of simultaneous arm and leg actions and alternating arm and leg actions.
<b>Level 1</b>	<b>Water Exploration-</b> This class is for students who are new to water. It provides an introduction and foundation of aquatic skills such as: 1) floating and kicking on front and back, 2) alternating arm action, 3) water safety rules
<b>Level 2</b>	<b>Primary Skills-</b> Continues the fundamentals of Level 1. Students will improve floating and kicking on front and back as well as: 1) rhythmic breathing, 2) swimming on front and back, 3) introduction to elementary backstroke kick, 4) water safety rules and procedures
<b>Level 3</b>	<b>Stroke Readiness-</b> Increases swimming skills and safety practices. Begin combining skills to form coordinated swimming strokes including: 1) freestyle and backstroke, 2) elementary backstroke, 3) treading water
<b>Level 4</b>	<b>Stroke Development-</b> Continue to develop confidence and competence in strokes and safety skills. Introduction to breaststroke and sidestroke.
<b>Level 5</b>	<b>Stroke Refinement-</b> Continues refinement of freestyle, backstroke, elementary backstroke, breaststroke, and sidestroke. Introduces butterfly and surface dives.
<b>Level 6</b>	<b>Skills Proficiency-</b> Develops maximum stroke efficiency and endurance. Introduces flip turns. Refines swimming strokes and diving skills. Encourages lifetime fitness.

## Preschool and Water Babies Lesson Registration Form 2016

No Refunds
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Child's Name	Water Baby or Preschool	Session/Level	Parent Name/Tag #	Phone Number
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